



# Brooking Street Bulletin

Issue #65, September 2014

Buddhist Discussion Centre (Upwey) Ltd.  
A.C.N. 005 701 806 A.B.N. 42 611 496 488  
33 Brooking Street, Upwey, Victoria 3158  
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email – [chanacademy@bdcu.org.au](mailto:chanacademy@bdcu.org.au) web – [www.bdcu.org.au](http://www.bdcu.org.au)

## Kathina Ceremony

The Kathina Robes Ceremony in which the lay community offer robes to Buddhist Monks is the most significant merit making opportunity of the Buddhist calendar for lay devotees. This occurs every year at the end of the three month rains retreat in Theravadin Buddhist Temples.

This year, our Centre has arranged for Members and Friends to attend up to four Kathina Ceremonies to offer robes to the Venerable Sangha. We encourage Members to attend as many Kathina Ceremonies as possible.

The Buddha explained offering robes to a Sangha member is one of the most powerful and beneficial types of merit that can be done. The fruits accrued by the giver of Kathina Robes are very great. For the benefactor, the merits will:

1. bring wealth and fortune, together with success in following one's career;
2. bring constant freshness, brilliance and purity of mind;
3. facilitate concentration of the mind and attainment with ease of the Dhamma inside;
4. bring about wisdom in using one's wealth for the creation of long-term benefit, nurturing and protecting oneself not only in this life, but also in those to come;
5. bring physical beauty and radiance of complexion, making one loved by all;
6. bring one fame and respect, praise and admiration: the inspiration of those around one;
7. cause one to be reborn in the heavenly realms when this life is done.

Please contact Simon Kearney on 0488 666 720 or [simon\\_p\\_k@yahoo.com](mailto:simon_p_k@yahoo.com) ASAP to reserve robes for any event you wish to attend.

## Important Dates

Every Saturday	Members' Day 11am - 10pm Merit Making and Classes
Every Saturday	Essential Buddha Dhamma Teachings 2pm - 4pm
Every Saturday	Buddhist Meditation Class 8pm - 9:30pm
Every Sunday	Buddhist Hour live on 3MDR 97.1fm 4pm - 5pm
Every Thursday	Dakini Teachings for female students 8pm - 10pm
First Saturday of each month	5.30pm General Meeting. All welcome to attend.
Last Saturday of each month	Ch'an Painting Class 11am - 12:30pm, Class fee \$20.
Friday 3rd October	Padmasambhava Tsok (Puja) 8pm - 9pm
Saturday 11th October	Kathina Ceremony at Mahamevnawa Meditation Centre.
Sunday 12th October	Kathina Ceremony at Wat Buddharangsi, Springvale South, and Sakyamuni Sambuddha Vihara
Sunday 19th October	Kathina Ceremony at Wat Dhammaram, Springvale.
14 – 19th October	27th General Conference of the World Fellowship of Buddhists, China.
Saturday 25th October	Healing Puja for the World. 9am - 1pm
Sunday 2nd November	Kathina Ceremony at Dhamma Sukha Manohara (Forest Centre) and Wat Thai Nakorn Melbourne.
Sunday 2nd November	Padmasambhava Tsok (Puja) 8pm - 9pm
Tuesday 4th November	Bunning's Warehouse Sausage Sizzle Fundraiser
Saturday 15th November	Shang Rinpoche Speech 2pm - 4pm at State Library of Victoria
Sunday 16th November	Shang Rinpoche Visit to our Centre
Sunday 23rd November	Bunning's Warehouse Sausage Sizzle Fundraiser
Saturday 29th November	Our Founder's Death Anniversary Commemoration



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The dates of Kathina Ceremonies our Centre has arranged for Members to attend are:

## Saturday 11th October 2014

Temple: Mahamevnawa Meditation Centre  
Location: Southern Community Centre; 27 Rupert Drive, Mulgrave.

## Sunday 12th October 2014

Temple: Wat Buddharangsi  
Location: 159-171 Clarke Road, Springvale South.  
Temple: Sakyamuni Sambuddha Vihara  
Location: 125 Homestead Road, Berwick.

## Sunday 19th October 2014

Temple: Wat Dhammaram  
Location: 53 Balmoral Avenue, Springvale.

## Sunday 2 November 2014

Temple: Dhamma Sukha Manohara Meditation Centre (Forest Centre)  
Location: 251 Heard Avenue, Plenty, VIC 3090.  
Temple: Wat Thai Nakorn Melbourne  
Location: 489 Elgar Road, Box Hill, VIC 3128.

We are most fortunate to have these great opportunities. For further information or to reserve a robe contact Simon Kearney on 0488 666 720.



Above: Master Sai Zenji from the Zen Rinzai school of Japanese Buddhism: A series of paintings of Chan Masters from several traditions by Andre Sollier.

The originals are part of the John D Hughes Collection.

## Healing Puja for the World

We warmly invite you to our World Healing Puja on Saturday 25th of October 2014.

The program for Saturday 25th October 2014 includes:

- 9:00am: Participants arrive and place food offerings and names of loved ones in the hall and lunch in the office.
- 9:15am: Anita welcoming speech in the hall.
- 9:30am: Prostrations, exercises, meditation, chanting and circumambulation of the stupa 33 times with the names of your loved ones. Please wear comfortable clothing for the prostrations and no skirts.
- 11.00am -1.00pm: World Healing Buddha Puja.
- 1:00pm: Shared lunch in our Heavenly Dhamma Garden.
- 2.00pm: Buddha Dhamma Class.
- 4:00pm: Afternoon tea to celebrate Frank's birthday which falls on Thursday 23 October.
- 8:00pm: Buddha Dhamma meditation class.

This event is being held to provide beings with the opportunity to generate blessings and transfer the merits generated to your family and friends bringing health, wealth and prosperity.

Everyone is welcome to provide a list of the names of your loved ones, i.e. parents, departed relatives, friends and ancestors. Being held on a Saturday we hope many of you will be able to participate. If you are unable to attend, please still provide the names of your loved ones for blessings.

We invite you to bring food to be placed in the puja, such as afternoon tea and some dry food labelled with your name (e.g. biscuits, uncooked rice, cooking oil etc) for you to take back home



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afterwards. Please also contribute a dish for lunch money offerings to the temple are welcome.

Due to us holding this Puja, there will not be a Chan Class during the month of October.

Please RSVP and provide the names of your loved ones to us by 1st October 2014 to [wbu@bdcu.org.au](mailto:wbu@bdcu.org.au).

## 27th General Conference of the World Fellowship of Buddhists

The World Fellowship of Buddhists (WFB) is an international Buddhist organisation founded in 1950 by representatives from 27 nations. The WFB has approximately 140 Regional Centres located around the world in 35 countries, of which our Centre is one. The WFB holds a General Conference every two years, and our Centre has had the privilege of attending these since the mid 1990's.

Our Centre will be sending a delegation of four Members to the 27th General Conference of the WFB to perform the rapporteur duties as we have been privileged to do for many years past. Our team includes: Anita and Frank Carter, Sally Kelly and Nicole Moustakas. We wish our team a successful and meritorious trip.

The aims and objectives of the World Fellowship of Buddhists are:

1. To promote among the members strict observance and practice of the teachings of the Buddha
2. To secure unity, solidarity, and brotherhood amongst Buddhists
3. To propagate the sublime doctrine of the Buddha
4. To organise and carry on activities in the field of social, educational, cultural and other humanitarian services
5. To work for happiness, harmony and peace on earth and to collaborate with other organisations working for the same ends.

## Shang Rinpoche's Visit to Australia

Shang Longrik Gyatso Rinpoche, a Buddhist Master from Taiwan will be visiting Australia for the first time in about 15 years.

On Saturday 15th November 2014 we plan to attend a Dhamma talk being given by Shang Rinpoche at the State Library of Victoria from 2pm - 4pm. All are welcome to attend. Please let us know if you will be joining us. For further information please visit: <http://www.meetup.com/Melbourne-Dharma-Talks/events/168393612/>

We are delighted to advise that on Sunday 16th November 2014, Shang Rinpoche and his entourage of up to 40 people will be visiting our Centre. This is a very rare and auspicious occasion and we hope all of our Members can be present. A program will to be advised closer to the date.

## Vice President Updates

### Administration

Our Microsoft Access database was revived, and a few updates were made. The database is very user friendly, offering great functions; it is also a wonderful tool to generate reports and lists quickly; reports can be easily customised with the database Wizard. It is currently being used to maintain contact details for our Members and Friends and a correspondence register. For training or any requests please see Evelin.

Thank you to everyone who renewed their Membership for the next 12 months. Your membership supports this Buddha Sasene (the period Buddha Dhamma exists in the world) and helps us continue to exist as a place where beings can learn, practice and realise the Buddha Dhamma. We encourage you to access our information bases for research purposes and invite you to participate in our Centre's activities. It is rare to meet with Buddha Dhamma. Your involvement now will increase the probability of you meeting with Buddha Dhamma in the future.



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## Public Relations

As it is coming up to the completion of the rains retreat, there are a number of Kathina Ceremonies that Members of the Buddhist Discussion Centre Australia are advised to attend. These Ceremonies are a source of great Merit for Members wishing to progress on the path to enlightenment and a great way to make connections with and observe other Temples and organisations in operation.

For more information please see the Kathina article in this Bulletin. Please let me know which ceremonies you wish to attend so we can reserve robes for you. I look forward to seeing many of you offering robes at these ceremonies. May you all be well and happy.

## Knowledge Management

We would like to thank Peter Marshall for his kind donation of four brand new android tablets! The Buddhist Hour radio team used them for the first time at the Buddhist Hour radio show on Sunday 21st September 2014. The radio team is excited about being able to use this technology; also, it will save a lot of paper and printing. Apps installed were Dropbox, Gmail, Acrobat Reader and AVG Antivirus.

We used our text retrieval system, ISYS, to re-index our LAN data warehouse (the I drive). More than half of our files were indexed, and ISYS is functional for searches; however, we did run into some technical issues to get the rest of about 6000 files indexed. We are currently researching options how to best make the LAN fully searchable.

A few small yet important things we came up with have to do with file naming and folder structure. All members who use our IT systems please do NOT use spaces in file names; use the underscore for differentiation; make file names short and meaningful. If you wish to set up new folders, please consult with Frank or Evelin.

We appreciate that electronic files are: information assets that are the property of the organisation; shareable resources although sometimes for restricted users only; critical components to operations that affect productivity and profitability (Source: University of Leicester, Research Data, <http://www2.le.ac.uk/services/research-data/organise-data/naming-files>, accessed 20 September 2014).

May all beings have access to Buddha Dhamma materials to help them along the Noble Eightfold Path.

Sadhu, sadhu, sadhu.

## Local Area Planning & Asset Management

This week, we witnessed the removal of the tool trailer from our Centre's property. Its removal has meant the integration of a new garden space for our proposed marble Sakyamuni Buddha altar area. Thank you to those involved in the process of moving and transporting the tool trailer off-site.

The next phase in the relocation of our marble Sakyamuni Buddha project includes the development of design concepts for the altar area to be drawn up by Destin Nguyen for our Abbot, Anita Carter's consideration.

Furthermore, at the recent management meeting, a new proposal was brought to the attention of our management team and members present. The new proposal consists of the relocation of our humus heap to a new location situated next to the new shed towards the rear of the property. By relocating the existing humus heap, we can introduce additional garden space enabling us to integrate a new access point for patrons during the Vietnamese Tet Lunar New Year visit.

For further information on current and future projects, please speak to either Frank Carter or Destin Nguyen.



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## Fundraising

Have a look at our beautiful new FUN-draising web page. You can visit it at [http://www.bdcu.org.au/about\\_1000temples.html](http://www.bdcu.org.au/about_1000temples.html).

We are conducting three sausage sizzles throughout the months of November and December this year. The first two will be at Bunnings Warehouse in Scoresby on the 4th and the 23rd of November, and the final one will be at Masters in Knoxfield on the 21st December, 2014.

In addition to our current fundraising projects, we wish to hold two new food stalls at festivals, selling roti bread wraps with meat.

We had planned to hold these new food stalls at the 2014 End of the Line (EOTL) Festival in Belgrave, and the Vietnamese Tet (Lunar New Year) Festival in Richmond in January/February 2015. Claire was in contact with one of the event organisers for the EOTL festival and found out that unfortunately it will not be going ahead this year. They are hopeful that the EOTL festival will be back for 2015.

This leaves us short of a festival at which we can trial the Roti Wraps before the Vietnamese New Year in January/February 2015. We are researching any other possible festivals or events which may be suitable. Suggestions are welcomed.

## Jammu & Kashmir Flood Relief 2014

An email was recently received from the Mahabodhi International Meditation Centre (MIMC) based in Ladakh, India as below:

“A Humble Appeal for Your Generous Donation for Restoration, Relief and Rehabilitation Work for the Poor Victims Affected By the Recent Kashmir Natural Calamity.

The people of Ladakh had just begun to bury the nightmarish memories of the devastating Ladakh Flash Flood of August 2010, that the valley of Kashmir, in the same state, saw nature’s worst ever flood fury in five decades which engulfed almost the

entire land. Hundreds of people have lost their precious lives, thousands have gone missing, many are left seriously injured and fighting for life, forced to desert their sinking houses many have become homeless and thousands still remain stranded in the flood-ravaged areas of the valley. The unprecedented disaster has complete changed the face and fate of the Kashmir valley and its inhabitants.

In this hour of need and emergency, Mahabodhi International Meditation Centre (MIMC) have decided to do make a humble contribution in the Restoration, Relief and Rehabilitation Work for the poor and affected victims of the flood. Thus, we make an earnest appeal to all the friends, well-wishers and supporter to lend your helping hands and join us in this humble initiative by donating any amount for this very noble cause. Any amount will be highly appreciated and valued.

Thank you very much for your compassionate support

With kind regards,

In the service of humanity

Bhikkhu Sanghasena,  
Founder President,  
MIMC Ladakh, India.

Members have already donated AUS\$240 and the BDC \$100 which resulted in an amount of \$310 being transferred to India on the 23rd of September 2014 as our Flood Relief Donation.

Thank you to all donors for your generosity. Any further donations are welcome. Please advise Frank who will arrange the transfer.

## Dhamma Dana

Thank you to Vera Berry for generously donating many Buddha Dhamma books to our Centre’s library on Saturday 30th August 2014. These books belonged to her deceased husband Broderick who was a student of our Founder Master John D. Hughes many years ago.



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## Message of Condolence on the Passing of Dr Ananda Guruge

The message below was emailed to the World Fellowship of Buddhists by our Abbot Anita Carter on the 11th August 2014. Dr. Guruge was an Honorary Vice President of The World Fellowship of Buddhists.

“We acknowledge with deep appreciation the great dedicated works of the Buddhist scholar and humanitarian the Late Dr Ananda Guruge.

Dr Guruge will live on in our minds and hearts. Dr Guruge's works and efforts will continue to have an effect in this world and beyond.

Dr Guruge was a great role model teaching us how to be a true Buddhist, bringing harmony and energy where ever he was. On many occasions, at WFB conferences, on arriving, I heard him say "I am here to help, what needs to be done?".

His many great and wonderful activities in spreading the Buddha Dhamma will continue for generations.

Thank you Dr Guruge, on behalf of all sentient beings, for making the Buddha Dhamma available and accessible to all of us through your many books and activities.

Our Founder, Master John David Hughes, formed a great connection with Dr Guruge at the World Fellowship of Buddhists. Dr Guruge was a Kalyanamitra to our Centre. His advice and guidance helped shape our centre to what it is today. Thank you Dr Guruge.

We join with all the Buddhists of this world in expressing our deep loss to his family and love ones. His presence will be missed immensely.

Our Centre will hold a commemoration service for seven nights from the 11th of August to the 17th of August with transference of merits each night to the

Late Dr Ananda Guruge, for his wellbeing and his full enlightenment.

Yours in the Buddha Dhamma,  
Anita Carter, Abbot

## Founder's Day

Happy Founder's Day! On Saturday 6th September 2014, we celebrated 36 years since the founding of our Centre on the 9th September 1978 by Master John D Hughes.

To celebrate Founder's Day we invited Members of the Sangha for lunch. We sincerely thank the seven Venerable Monks who attended from Mahamevnawa Meditation Centre, Narre Warren North, Wat Dhammaram, Springvale, and the Khmer Buddhist Centre of Victoria, Springvale for visiting our Centre and accepting our Dana offerings.

A warm thanks to Venerable Vijithawansa Thero for the Dhamma talk he gave our Members which we were blessed to hear.

Thank you to all participants for your assistance with preparations and generous offerings of lunch, gifts for the Sangha and flowers.

Our theme for this year is Harmony. May we all meet in harmony, gather in harmony and disperse in harmony.

## Monthly Recipe: Pumpkin & Sweet Potato Soup

Recipe from Kym Merriman

I love cooking this in the slow cooker so when you come home from work it is ready to enjoy!

½ pumpkin cut into pieces

1 sweet potato cut into pieces

1 onion diced

Use Chicken or Vegetable stock to cover the vegies.

Let it cook then vitamise.



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## **Congratulatory Message to Dr Bikiran Barua on the occasion of receiving the Master Hsing Yun Award**

The message below was written by Abbot Anita Carter and emailed to Dr Bikiran Barua on the 11th August 2014.

Dear Dr Barua,

It is our great pleasure and honour to congratulate your good self, Dr Bikiran Barua on receiving this Grand Master Hsing Yun Peace Award 2014 and we acknowledge you as a Noble son of the Buddha.

Saddhu Saddhu Saddhu

Dr Bikiran Barua you are a true friend of our Centre and were a very dear friend to our Late Master John David Hughes.

We applaud you, Dr Bikiran Barua for the many wonderful roles and Buddha Dhamma activities that you have initiated, implemented and sustained throughout your career. You truly are a son the Buddha, working tirelessly for the aim of propagating and upholding the Teachings of the Buddha Sakyamuni.

On many occasions, over the last 15 years, we have met you at the WFB Conferences and found you to always shine light on to any situation at hand. Either with your beautiful friendliness and fellowship, or with your deep knowledge and understanding of the Buddha Dhamma.

Therefore, on behalf of all Directors and Members of the Buddhist Discussion Centre (Upwey) Ltd, It is our heartfelt joy to acknowledge with fondness this auspicious award bestowed upon you, Dr Bikiran Barua.

It is our great pleasure and honour to congratulate you, Dr Bikiran Barua, for receiving this Grand

Master Hsing Yun Peace Award 2014 and acknowledge you as a Noble son of the Buddha and always a kalyanamitra to our Centre.

Yours in the Buddha Dhamma,

Anita Carter  
Abbot

## **Chanting**

Our Centre has added some more chants to its Chanting Sheet. Please collect this updated chanting sheet from the JDH Dhamma Cetiya Meditation Hall.

For over two thousand years chanting has been a core Buddhist practice done by monks, nuns and laypersons of all Buddhist traditions. The best way to really understand how chanting can help you become brighter and happier is through your own experience. When you feel ready you may chose to try chanting with us in our Dhamma class or do some chanting in your own home as part of your daily Dhamma practice.

The words of most chanting are taken directly from the Teachings of the Buddha. The Buddha has realised and taught the truth about the world, so by chanting the suttas and protection discourses we make causes to more fully understand the truth they contain and to continue to hear and receive the truth in future times.

While chanting or listening to the Dhamma our minds are focusing on very wholesome things, thus it makes causes to have wholesome minds arise now and in the future. We create wholesome causes by doing good actions of body, speech and mind. Chanting encompasses all three.



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**Photo:** Venerable Sangha and Members and Friends of the Buddhist Discussion Centre at the Founder's Day Commemoration on 6th September 2014 on the Golden Pavilion. Photograph by Peter Marshall.

Venerable Sangha from Mahamevnawa Meditation Centre; 160-162, Hallam North Road, Narre Warren North and Wat Dhammaram; 53 Balmoral Avenue, Springvale, Victoria, the Khmer Buddhist Centre of Victoria, 458 – 460 Springvale Road, Springvale.

Laypersons from left to right: Venerable Vijithawansa Thero's Attendant, Simon Kearney, Graeme Goller, Ashley Robinson, Julian Bamford, Frank Carter, Amir Rouhi, Adam Richards, Nicole Moustakas, Kym Merriman, Zari Rouhi, Anita Carter, Evelin Martin, Kate Ryan and Claire Ransome.