



Brooking Street Bulletin

Issue #61, May 2014

Buddhist Discussion Centre (Upwey) Ltd.
A.C.N. 005 701 806 A.B.N. 42 611 496 488
33 Brooking Street, Upwey, Victoria 3158
Phone / fax – 03 9754 3334

email – chanacademy@bdcu.org.au web – www.bdcu.org.au



Celebrating the 800th Buddhist Hour Radio Show, aired on 27th April 2014

I would like to express my heartfelt gratitude to all for making it a wonderful experience for presenters and listeners alike, both seen and unseen. 800 shows is a magnificent achievement and it is my wish that the Buddhist Hour Broadcast continues to grow from strength to strength.

We would also like to thank our Abbot Anita Carter and teacher Frank Carter for adding their considerable presence to the program and for their valuable contribution to the show from its inception.

The radio is a precious feature on our weekly calendar, providing members with a rich source of merit by delivering the gift of Dhamma via the airwaves.

May we continue to run it for another 84,000 episodes.

If you wish to contribute to the show as a presenter, simply let Adam know two weeks in advance, we welcome participants new and old.

Sadhu, Sadhu, Sadhu.

Much love and kindness,

Simon Kearney,

Executive Producer, Buddhist Hour Radio Broadcast

The Members present at the 800 the broadcast were: Anita, Frank, Simon, Adam, Nicole, Craig, Claire, Trish, Julian and Evelin.

The radio team members enjoyed afternoon tea at the Emerald General Store (Cafe) to celebrate.

Important Dates

Every Saturday	Members' Day 11am-11pm Merit Making and Classes
Every Saturday	Essential Buddha Dhamma Teachings 2pm-4pm
Every Saturday	Buddhist Meditation Class 8pm-9:30pm
Every Sunday	Buddhist Hour live on 3MDR 97.1fm 4pm-5pm
Every Thursday	Dakini Teachings for female students 8pm-10pm
Last Saturday of each month	Ch'an Painting Class, 11am-12:30pm, Class fee \$20.
11 th May	Mother's Day Flower Stalls
15 th May 4.30am	Vesak Day- Members meet at the Centre 4.30am
17 th May 11am	Members briefing for UN Vesak
24 th May	Victorian United Nations Day of Vesak at Melbourne Town Hall (Dana offering will be at St Peters Parish Hall)
7 th June 2-4pm	Dhamma Talk "An Afternoon with Shang Longrik Gyatso Rinpoche" at the State Library of Victoria
8 th June	The Venerable Shang Longrik Gyatso Rinpoche will visit our Centre
14 th June	5.30pm General Meeting
22 nd June	Members' bus trip to the Great Stupa of Universal Compassion near Bendigo



Brooking Street Bulletin

Issue #61, May 2014

Buddhist Discussion Centre (Upwey) Ltd.
A.C.N. 005 701 806 A.B.N. 42 611 496 488
33 Brooking Street, Upwey, Victoria 3158
Phone / fax – 03 9754 3334

email – chanacademy@bdcu.org.au web – www.bdcu.org.au



Anita's Birthday Celebration

Our Teacher Anita's Birthday is the 4th of May.

May you all attain nibbana from the development of metta and Yoniso Manasikara, Wise Attention.

This year Anita's birthday wish is that the students learn the Metta Sutta to chant in Pali to chant on her birthday. As an offering, members bring a Shakyamuni Buddha image (whatever you can afford) to offer to her.

Giving a Buddha image makes very powerful karma for you. When offering a Buddha image we are reminded of the qualities of the Buddha, Dhamma and Sangha, inspiring us to develop refuge in these qualities.

To celebrate we are having a Sangha dana offering at the Centre and all Members and Friends of the Dhamma are invited. The celebration will include a Sangha dana offering, circumambulation of Buddha's relics and Padmasambhava Puja (Tsok) at 3pm.

Please contact us if you would like an audio recording of Anita chanting 'the Buddha's words on Loving Kindness' in Pali, from the book 'Paritta Pali & Protective Verses, A Collection of Eleven Protective Suttas, by Venerable Sayadaw U Silananda'.

The Dhammapada says:

Hatred is not overcome by hatred

It is overcome by Love

This is the eternal Law.

(DHPD. 5)

New Member

We warmly welcome Kym to our Sangha family and wish her ease along the Buddha Dhamma path.

Kym Merriman was voted in as a member of the Buddhist Discussion Centre (Upwey) Ltd at recent General Meeting on Saturday 3 May 2014.

United Nations Day of Vesak

Our preparations for this year's event are well underway! Next weekend we will be preparing Vesak cards to be sent out to all WFB Regional Centres around the world and all Victorian Buddhist Centres.

The picture being used on this year's card is the wonderful image of the Buddha at Bodhgaya which was photographed by Sally Kelly during our pilgrimage to India in 2011.

Help is needed to address envelopes and fold the gift cards for this great Vesak dana offering. Also we will be preparing gift packs for the Venerable Sangha attending this year's UN Day of Vesak and name tags for the VIP's and volunteers.

This year will again be an ambitious event for us to manage. We have a great and rare opportunity to serve the Buddhist community by creating activities which will be truly beneficial to our guests.

Vesak Full Moon Day

Happy Vesak! Thursday 15th of May is the actual Full Moon Day of in May. Anita will be giving a guided meditation at the time of the full moon; 5:16am. All Members are invited to meet at the Centre in the hall at 4.30am.



Brooking Street Bulletin

Issue #61, May 2014

Buddhist Discussion Centre (Upwey) Ltd.
A.C.N. 005 701 806 A.B.N. 42 611 496 488
33 Brooking Street, Upwey, Victoria 3158
Phone / fax – 03 9754 3334

email – chanacademy@bdcu.org.au web – www.bdcu.org.au



Monthly Recipe: Leek Pie

Ingredients:

- 2 leeks (wash well) and slice
- 8 frozen spinach cubes (or silver beat sliced) (defrost frozen spinach overnight in fridge)
- 4 eggs
- ½ cup milk
- Salt and black pepper (about 2 teaspoons of each)
- Cheese grated on top
- 2 tablespoons of butter
- Puff pastry

Method:

- Melt butter in saucepan and fry/ steam leek with lid on so goes soft, then add frozen spinach with lid on to soften.
- Remove from heat, add salt, pepper, ½ cup of milk, and eggs last and mix altogether.
- Butter pie dish and lay pastry, put fork holes in pastry.
- Pour in pie mixture, add grated cheese on top.
- Cook for 30-40 minutes in oven at approximately 200 degrees.

This recipe can be frozen and reheated in the oven.

Enjoy, Nicole

Great Stupa of Universal Compassion

We are delighted to inform you that on Sunday 22 June 2014 we are planning a bus trip to Atisha Centre and the Great Stupa of Universal Compassion situated close by. Our Founder Master John D. Hughes and Members last visited the Great Stupa of Universal Compassion in 2002.

The Great Stupa of Universal Compassion Tse-Chen Cho-Khor Stupa is soon to become among the most significant Buddhist temples and pilgrimage destinations in the world. The Venerable Lama Thubten Zopa chose the great 15th Century Stupa of Gyantse in Tibet as the design for the Tse-Chen Cho-Khor Stupa. The Great Stupa will be the same size and design as the Great Gyantse Stupa in Tibet, making it the largest Stupa in the West. The 50 metre high, 50 metre wide based Stupa is currently under construction near Bendigo, Victoria and will be completed within 10 years. Inside the Stupa will be a large temple plus multiple shrine rooms. Outside will be prayer wheels, beautiful gardens and 100,000 surrounding Stupas. Full details have been sent in an email. Please RSVP Nicole (0410 476 721) or Claire (0425 864 056) by Sunday 1 June 2014.

Shang Longrik Gyatso Rinpoche

On Saturday 7th June we plan to attend a Dharma talk “An Afternoon with Shang Longrik Gyatso Rinpoche” at the State Library of Victoria, from 2-4pm.

On Sunday the 8th June Venerable Shang Longrik Gyatso Rinpoche will visit our Centre. Venerable Shang Longrik Gyatso Rinpoche is visiting Melbourne from Taiwan. We hope all members are able to attend.



Brooking Street Bulletin

Issue #61, May 2014

Buddhist Discussion Centre (Upwey) Ltd.
A.C.N. 005 701 806 A.B.N. 42 611 496 488
33 Brooking Street, Upwey, Victoria 3158
Phone / fax – 03 9754 3334



email – chanacademy@bdcu.org.au web – www.bdcu.org.au