



# BROOKING STREET BULLETIN

ISSUE #28, AUGUST 2009

BUDDHIST DISCUSSION CENTRE (UPWEY) LTD.  
A.C.N. 005 701 806 A.B.N. 42 611 496 488  
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## ABBOT'S REPORT

Dear Everyone,

What a wonderful event to hold our 30th Annual General Meeting. Happy Birthday to the Buddhist Discussion Centre (Upwey) Ltd. In human birth we can be happy in four ways as explained by the Buddha.

We have the happiness of having the things we need and want for our centre. We have the happiness to look after and keep the things we need and want. We have the happiness that we are debtless. We have the happiness that we can purify our minds.

May the happinesses of the Buddhist Discussion Centre (Upwey) Ltd continue and flow onto our Members past, present and future.

Love Anita

## ANNUAL GENERAL MEETING

The Annual General Meeting of the Buddhist Discussion Centre (Upwey) Ltd, will be held on the 15 August 2009 at 2pm at 33 Brooking Street, Upwey, Victoria 3158. All members are requested to attend. Holding the annual general meeting is a legal requirement for our centre as an incorporated entity.

At this meeting we pass annual company accounts for forwarding to our auditor and for inclusion in our company annual return to ASIC and for election of office bearers and Directors for the year ahead.

Please show your support by attending this important occasion and thus helping our centre to run for over 500 years.

## OFFICE BEARER NOMINATIONS

The office bearer nominations for the following positions have been made.

## IMPORTANT DATES

SATURDAY WEEKLY	MEMBERS' DAY BUDDHA DHAMMA FOR EVERYDAY LIFE CLASS, 11:00AM
SATURDAY EVENINGS	BUDDHA DHAMMA MEDITATION TEACHING BY VENERABLE SANGHA OR GUIDED BY ANITA CARTER, 8.00PM
SUNDAY WEEKLY	BUDDHIST HOUR RADIO, 4:00-5:00PM
2 AUGUST	CAMBERWELL MARKET STALL
8 AUGUST	SUMI-E CLASS, 2:00-4:00PM (SECOND SATURDAY OF EVERY MONTH)
15 AUGUST	ANNUAL DIRECTORS MEETING,
15 AUGUST	ANNUAL GENERAL MEETING,
22 AND 29 AUGUST SATURDAY	CHAN CLASS TAUGHT BY MELBA NIELSEN, 10.00AM
29 AUGUST SATURDAY	GENERAL MEETING, 2:00PM
6 SEPTEMBER	CAMBERWELL MARKET STALL
5-9 SEPTEMBER	SPRING BHAVANA COURSE

Director: Anita Carter  
Director: Frank Carter  
Director: Helen Costas  
Director: Peter Marshall  
Director: Adam Richards

President: Julian Bamford  
Treasurer: Adam Richards

Vice-President Corporate Governance & Reporting (CGR): Anita Carter  
Vice-President International Dhamma Activities (IDA): Julian Bamford  
Vice-President Local Area Planning & Asset Management (LAPAM): Frank Carter

Assistant Manager, Local Area Planning & Asset Management (LAPAM): Adam Richards



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Executive Producer Buddhist Hour: Frank Carter  
Websites Manager: Evelin Martin  
Executive Producer Buddhist Hour Radio: Frank Carter  
Chan Academy Manager: Helen Costas  
Editor Buddha Dhyana Dana Review: Pennie White  
Buddhist Hour Assistant Producer: Daniel White  
Editor Brooking Street Bulletin: Pennie White  
IT Support Manager: Vladimir Karnovic  
Event Catering Manager: Jakkie Graham  
Members' Day Catering Manager: Tanya Poynton  
Members' Day Hall Manager: Nevelda Peterson  
Camberwell Market Manager: Sue Goodes

## MEMBERSHIP RENEWALS

Membership renewal letters have been sent to all members and we would appreciate the return of the membership forms by the Annual General Meeting on the 15 August 2009 or the latest by the 30 August 2009. Thank you

## CHAN PAINTING CLASSES

Since the Chan Painting Exhibition held in June at Burrinja, in the Jarnbi Gallery, the Chan Painting Classes taught by Melba Nielsen have been very popular. The exhibition has inspired new students to join the classes and consequently we are now running 2 classes a month, a Beginners Class on the last Saturday of the month and an Intermediate Class on the 2nd to last Saturday.

Students are encouraged to book into their class as positions are now limited, however we will start up another class if more people wish to learn. It seems, all the students are really enjoying their painting time and are beginning to see the benefits and blessings received from this meditational art form.

We encourage people to buy their own art materials (which are now available from the Chan Academy)

and to practice in-between classes. We are truly blessed to have our great Chan Teacher Melba Nielsen and it is a pleasure to see students applying diligence, joyful effort and developing themselves along the Chan Path.

Please see Helen Costas regarding Chan Classes.

## SPRING FIVE DAY BHAVANA COURSE

A spring five day Bhavana Course will run at our centre from 5 to 9 September 2009. For further information please see Frank Carter.

## FIRE PREVENTION PLAN

Our Fire prevention Plan 2009 - 2012 was recently formulated to upgrade our fire prevention and fire fighting capabilities to enable us to safely protect the centre from fire in worst case scenario conditions.

The plan will be implemented in stages over a three year period and include lining the external walls of the meditation hall with a fire resisting surface, installing a sprinkler system on the roofs of our main buildings and building a bunker underground as a safe refuge.

Fire drills will be held to train our Fire Fighting Team and a fundraising project will be created to provide funds for the upgrade. Please see Frank if you can help.

## NEW DIGITAL CAMERAS

The centre recently acquired two digital cameras, one by donation and the other was purchased new. The cameras will allow us to take advantage of the improvements in technology to produce excellent quality digital images for use on our websites including [www.Buddhaview.org](http://www.Buddhaview.org) which displays photos of the centre and our activities.

The cameras were offered to Anita after a Prajna Paramitta class held on the 29 July 2009 and six devas were invited to become protectors of the

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cameras so that they can be used within the guidelines of what is suitable for Buddha Dhamma purposes. A training manual is being prepared and Anita will invite several Members to become trainees at classes conducted to develop suitable skills and merit using our new cameras.

## OCCUPATIONAL HEALTH & SAFETY

The Buddhist Discussion Centre has an Occupational Health and Safety policy and the two appointed OH&S Managers are Anita and Frank.

Monthly OH&S reports are produced and presented at our General Meetings which identify any safety concerns which need to be addressed and report on work done in the preceding month. We have an OH&S Manual into which any health or safety incidents are recorded and reviewed to see if better work practices can be introduced to prevent such accidents occurring again.

Our policy is that all activities being done for and on behalf of the centre must be carried out in a safe manner within a safe working environment. Please do not cut corners or take short cuts with regard to safe work practices.

## SMOKE DETECTORS AUDIT

A smoke detector audit was recently carried out for all areas at the centre and a diagram of smoke detector locations drawn up. Peter Marshall has fitted a number of new detectors and is preparing a maintenance schedule to provide a regular maintenance program for checking detector batteries.

## CAMBERWELL MARKET STALL

The profit from our August Market Day was \$189 with a further \$12 being donated to Dhammarajika Orphanage. If you have any items you can donate to our market stall they would be appreciated. Please contact Franks or Sue for further information.

## MEMBERS' NEWS

Here is a letter from Chan Teacher and Member Melba Nielsen:

Thank you to all members who helped me during my recovery from bone cancer. I thank you all.

I am grateful to Rani, Frank and Anita for giving me the will to live and driving me to Chemo therapy and other places. Thank you to the doctors and the girls at the oncology ward at Maroondah Hospital.

Helen and George's support made sure that the Chan Academy Exhibition was created and a success. Thank you George for my sunny flat, where I could heal and paint. Pennie thank you for your time with myself and for 'Inky' my cat.

My life-long friend Peter Marshall, my ferry man to the centre, I thank you. Thank you Adam, who helped David and I move. Thank you June, Tanya, Julian, Leonie, Daniel, Sally, Jakki, Nevelda and all of you who helped make our exhibition a success. You all made it possible for the Chan method and the way of the brush to continue at the Chan Academy.

## CONTRIBUTIONS FOR BULLETIN

Thank you all for your contributions to this month's bulletin. An excellent internal newsletter only comes about from the collective efforts of the Members of an organisation. We develop our writing to reflect our five styles of friendliness, cultural adaptability, professionalism, practicality and scholarship.

We request Members who are learning to manage or who are managing various projects or events to please write a regular update for publication in this bulletin. Please email your articles to Pennie White by the 20<sup>th</sup> of each month for inclusion in the next issue. We aim to publish at the beginning of each month.