

# Brooking Street Bulletin

Issue #6 July 2006

Buddhist Discussion Centre (Upwey) Ltd.  
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## Abbot's Report

Our management meetings are providing a clear view of where the Centre's efforts need to be directed which, for the time being, are into our key projects including the maintenance of our many websites, fundraising projects, the World Buddhist Radio, construction of the new John D. Hughes Meditation Hall and Library, helping new members get involved and training them to be stable Buddha Dhamma practitioners.

Therefore, the Tuesday Night Teaching Program will close at the end of the current course, Lifetimes of Learning, in 4 – 5 weeks. In December, we will reassess the need and our ability to provide the Tuesday Night Teachings.

Those who attend the Tuesday Night program are encouraged to come on Saturday evenings to attend teachings by both Dr. Thel Thong on Applied Buddhism and Abhidhamma, and meditation guided by myself.

Another reason for this change is that Member and resident of the Centre Alec Sloman, who is a key resource in many of our projects, will be moving back to America in early December.

I love you all!

~Anita Carter

## World Buddhist Radio

The World Buddhist Radio has been advancing in leaps and bounds, now having just over 4 ½ hours of program material in rotation. We received permission from a number of notable contributors, including Venerable Mahinda of the Aloka Foundation who provided the Dhamma talks *Metta*, *Karma*, and *Purpose of Life*, Mr. John Bullitt of Sutta Readings.net and Accesstoinight.org, who provided a database of recorded sutta readings, Pure Mind

## Important Dates

Every Sat	Meditation Instruction 7.30 pm by Anita Carter
Every Tuesday	Tuesday Night Teachings 7.30pm
15 July	Applied Buddhism and Abhidhamma Classes with Dr. Thel Thong 5.45 pm
22 July	Sumi-E Painting with Master Andre Sollier

Publishing Corporation of Taiwan who provided a musical album called *Pure Dhamma Medicine*, and finally Venerable Professor Dhammavihari who allowed us to air the Dhamma talk he gave on the 20<sup>th</sup> of June at our Tuesday Night Teachings program.

We have more projects lined up such as *Pali Chanting with Jan and Julian*, Sutta Readings with Members and Friends, readings from John D. Hughes *Preliminary Meditation Exercises*, and others. Also, from Friday the 30<sup>th</sup> of June, the Buddhist Hour Radio Program will be digitally recorded and incorporated into program rotation.

We encourage you all to tune in and have a listen at [www.worldbuddhistradio.org](http://www.worldbuddhistradio.org).

## New Website – The Brooking Street Bulletin Online

Alec has developed a new website called the Brooking Street Bulletin Online. The site includes a graphical events calendar with upcoming events, online news, a download archive of past issues of the Brooking Street Bugle and Bulletin, and a special member's only area with a bulletin board.

The site is located at [www.alecsloman.org/bsbonline](http://www.alecsloman.org/bsbonline).

Please take a look and consider bookmarking it. If you are internet proficient, the site features RSS Newsfeeds / Live Bookmarking, which automatically tell you when the site has been updated. If you are

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interested in setting up a Newsfeed on your computer, or if you are a member and would like to set up an account, please email Alec on [wbr@bdcu.org.au](mailto:wbr@bdcu.org.au).

## Applied Buddhism and Abhidhamma with Dr. Thel Thong

Dr. Thel Thong who visited the Centre during our Versak Celebrations has kindly agreed to facilitate a discussion group on Applied Buddhism and Abhidhamma.

The classes, structured as an open-ended discussion group, are held at the Centre on Saturday evenings from 5.45 – 6.45 pm.

The evening includes discussions on many topics of Buddhist wisdom and how they can be applied to our lives. Dr. Thel's "no contribution, no class" position encourages students to do self-study and reflection, brining their own learning and experience to the group. In this way, we learn not only from Dr. Thel, but from our fellow practitioners, in a way that is both stimulating and community strengthening.

The next class will be held on the 15<sup>th</sup> of July, however there will be no classes on the 22<sup>nd</sup> and 29<sup>th</sup> of July.

## Saturday Evening Meditation Teachings

Abbot Anita Carter teaches Buddha Dhamma meditation every Saturday night from 7.30 pm. All members and friends are encouraged to attend. The evening includes a guided meditation on one of the 40 topics taught by the Buddha, followed by a discussion and question and answer session.

## Members and Friends visit Kabar Aye Buddhist Monastery

Julian, Alec, David and Adam visited Kabar Aye Buddhist Monastery at 21 Rich Street, Noble Park, on Sunday the 9<sup>th</sup> of July for a Visa and Robe Offering Ceremony.

The day started with a traditional Burmese breakfast

accompanied by warm conversation with the community.

Shortly after breakfast the offering ceremony commenced in which the community, including our representatives, offered robes and other necessities to the Sangha. This was followed by the taking of Precepts and Refuge, a Dhamma talk by Venerable Bodhiwonisa on the importance of cultivating *dana* (generosity), *sila* (morality), and *bhavana* (mental cultivation) and the blessing of all present.

## Chan Painting Classes

Melba Nielsen teaches Chan Painting on Sundays at 6 Bartley Road. Teachings are by appointment so you must call 9754 1307 in advance.

## Sumi-e Classes with Master Andre Sollier

The Ancient Japanese art of Sumi-e painting is taught at our Centre, the Chan Academy Australia, each year by internationally recognised Master Andre Sollier. Master Sollier has been teaching Sumie at our Centre for over 15 years as a visiting Teacher.

The next class will be held on Saturday July 22 in the peaceful surroundings of the Chan Academy Australia at 33 Brooking Street Upwey. Classes run from 10am to 3pm. Classes are limited to only six persons.

If you would like to learn more please telephone Julian Bamford on 0400 267 330 or our centre during office hours on 9754 3334.