



Buddhist Discussion Centre (Upwey) Ltd.

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World Fellowship of Buddhists Regional Centre
Associated Institution of the World Buddhist University



Bringing Wisdom to Life – The Legacy of The Buddha

It is now over 2,500 years since one of the greatest historical figures the world has known passed away. Although he lived in ancient times, what the Buddha found out and taught to others is a significant influence in our world today. Modern emanations of the Buddha's Teachings have found their way into psychology, business, the arts, medicine, education, sport and so many other fields, changing the way many live their lives undoubtedly for the better.

If it hadn't actually happened, it hardly seems possible that the teachings of a single person born in Northern India in antiquity could have transformed the lives of millions and millions of people for over two and a half millennia, changed the culture and traditions of over a dozen countries, engendered the support and patronage of kings and rulers, the rich and poor, young and old alike, without the use of any force or persecution.

Through all these times since the Buddha was born how many thousands of battles and invasions have there been to gain control, but the many empires of the long past have all died out. Yet the Buddha's message carries on with strength and clarity and testifies that love, truth and peace have their own power and endurance as they resonate deeply with every individual's fundamental need for happiness and wellbeing.

The Buddhist Discussion Centre Australia presents a course over three terms for students to examine and consider the remarkable story of Buddhism. Starting with the life of The Buddha, we will study the history of Buddhism, the basic Buddhist teachings and the preliminary practices so that we can understand, appreciate and participate in Buddhism as it is in 2017.

This course titled "Bringing Wisdom to Life – The Legacy of The Buddha" will be held at 33 Brooking Street, Upwey, Victoria commencing on Saturday the 18th of February at 2.00pm. First term will conclude on Saturday the 8th of April 2017. Classes are free of charge.

For further information and to obtain a course registration form please email Frank Carter at wbu@bdcu.org.au.

Bringing Wisdom to Life – Course Overview

Our course will study the origin, teachings and practice of the three major traditions which we see in the world today:

Theravada Buddhism
Mahayana Buddhism
Vajrayana Buddhism

Term 1 18th February – 8th of April

The Life of The Buddha
Principle Theravada Teachings
Preliminary Practice

Term 2 6th May – 8th July

The Spread of Buddhism
Principle Mahayana Teachings
Preliminary Practice

Term 3 5th August – 23rd September

Buddhism as a world religion
Principle Vajrayana Teachings
Preliminary Practice