



Brooking Street Bulletin

Issue #79, June 2016

Buddhist Discussion Centre (Upwey) Ltd.
A.C.N. 005 701 806 A.B.N. 42 611 496 488
33 Brooking Street, Upwey, Victoria 3158
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NAMO TASSA BHAGAVATO ARAHATO
SAMMASAMBUDDHASSA

May the blessings of Vesak shower upon you and your family always!



Photo: Sakyamuni Buddha float at the Victorian UN Day of Vesak 2016 Procession. Photo by CBN TV.

Vesak is the auspicious full moon day in May on which the Buddha's birth, enlightenment and passing away is celebrated and commemorated by Buddhist communities across the world.

The full moon time in Melbourne was 7:14am on Sunday 22nd May 2016. Our teachers and students gathered in the Dhammacetiya at the Buddhist Discussion Centre to perform a Sakyamuni Buddha puja and sit in meditation as the moon reached its fullest.

Important Dates

Every Saturday	Members' Day 11am - 10pm Meritorious activities and Classes when scheduled
Every Saturday	Intermediate Buddhism Class 2pm – 3:30pm Buddhist Meditation Class 7:30pm - 9:30pm
Every Thursday	Mahamudra Class 8pm
Every Sunday	Buddhist Hour live on 3MDR 97.1fm 4pm - 5pm
4 th June 2016	Lotus Lantern Making for Belgrave Lantern Parade 10am – 12:30pm
4 th June 2016	New Course 'Practice the Noble 8-fold Path' commencing 2pm weekly
18 th June 2016	Belgrave Lantern Parade 5:30pm – 7pm
19 th June 2016	UN Day of Vesak Appreciation Day - 2.30 - 4.00pm Hoa Nghiem Temple, 444 Springvale Road, Springvale.

New Teaching Program

Our Abbot Anita has designed a new program of teachings which commenced on Vesak Day, 22nd May 2016.

Thursday evening Mahamudra teachings recommenced on 26th May at 8pm.

An intermediate course on Buddhism for students who have attended our introductory classes or have



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some previous learning in Buddhism will start on the 4th June 2016 and will be held weekly at 2pm.

Meditation on Saturday evenings will continue and will now start at 7:30pm.

You are most welcome to join us for lunch at 1pm and dinner at 6:30pm on Saturdays. Please write your name on the meals roster in the Sariputta Room if you wish to contribute to meals.

Vice President Updates

Knowledge Management

Members of our Digital Dhamma Dissemination Team have been working to create our new website. Members have also been filming, as the new site will contain an “Introduction of Buddhism” video series. Thank you to our dedicated team who has generously offered their time and expertise! We are getting close to launching the page.

Persons can find some beautiful new videos on our Facebook page, as well as photos from recent events such as Vesak, a link to the Dhammacakka and Anatta Lakkhana Suttas, which we had broadcast on the Buddhist Hour radio program, and much more.

Dhamma Dana is the highest gift.

May all beings have access to the teachings of the Buddha and come to enlightenment!

Public Relations

On Saturday 9th April, Members from our Centre attended and assisted with the annual Friendship Dinner at Quang Minh temple, which is the premier fundraiser for the Victorian United Nations Day of Vesak.

Guests were treated to a delicious vegetarian cuisine provided by Quang Minh Temple and entertainment from our Buddhist community and friends.

Local Area Planning and Management

Our most recent LAPAM activity was sowing new grass in several garden areas which have been redeveloped or where the grass was quite thin.

The main work to be done during the Winter months is general maintenance tasks such as cleaning gutters, cleaning the cob webs in the Amenities Block, cleaning the pond near the Quan Yin image, etc. Please see Frank if you wish to help.

Fundraising

The Mothers Day Flower Stall Fundraiser held 8th May 2016 was a great success!

Thank you to our wonderful volunteers who braved the wind, rain and mud on such a special day to sell flowers for people to offer to their mothers and loved ones.

We found ourselves quite busy at times and ended up selling out of flowers around 3pm. The profit raised for the Centre was \$503.60 and for Dhammarajika Orphanage in Bangladesh we raised \$126.50. A great effort considering we had only one stall this year instead of two.

Sadhu, Sadhu, Sadhu!

Thank you for your ongoing support of our Centre's activities. May you be well and happy!



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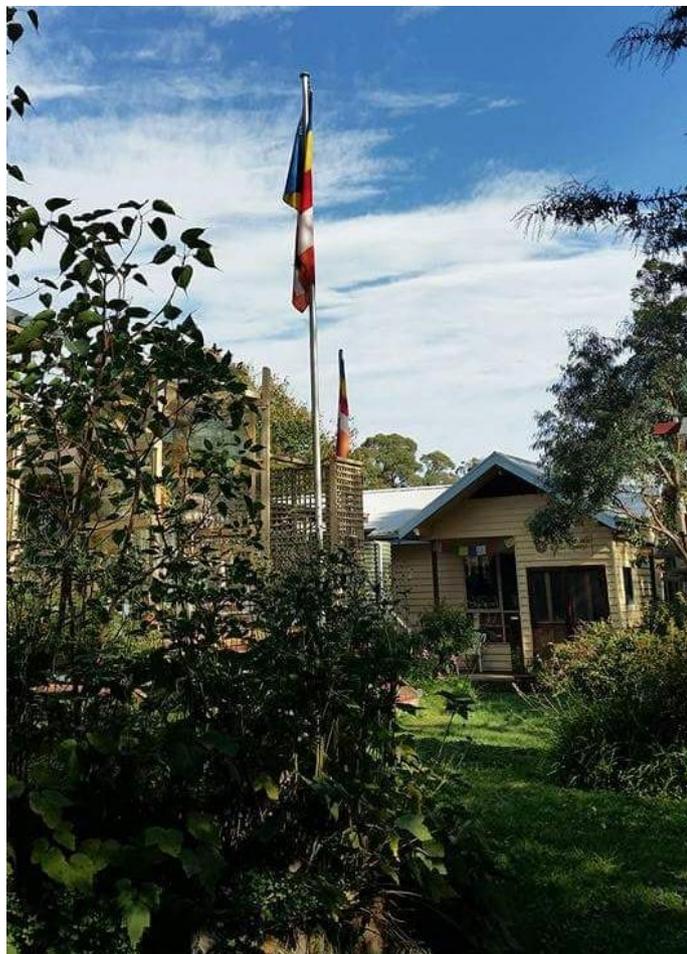


Photo: Bodhi Tree, Buddhist Flag and Dhammacetiya Meditation Hall at our Centre on a sunny Autumn day. Photo by Julian Bamford.

Communication from Dharmarajika Orphanage Bangladesh

Our Centre has been supporting Dharmarajika Orphanage for many years through sending much needed donations which go towards food, clothing and education for the children. Many of these funds are collected in donation boxes in Ishka stores across Australia. We recently delivered 10 more boxes to the Ishka head office which will be distributed to their recently opened stores.

Please find below a copy of the email received from Venerable Suddhananda Mahathero, President of Dharmarajika Orphanage Bangladesh on 30th April 2016.

Dear Mr. Carter,

At the outset please accept my blessings and Dhamma greetings. Convey the same to Anita Carter and the kind hearted members of your esteemed organization as well as members & staff of Ishka Stores. I hope you are all well and we are also passing the days in both sorrowfulness and happiness.

Our children are all engaged in their studies and result of the Secondary School Certificate Examination has not yet been published. Hope it will publish soon. On the contrary the Higher Secondary Certificate Examination has just been concluded. It is summer season in our country and there are severe heat throughout Bangladesh.

I always cherish in memory the contribution of Most Respected Dr. John D. Hughes for Buddhism who was very kind hearted and dedicated for human kind. You are now moving forward with his ideals in front. I hope that you would have great achievement through your great activities.

May you live long with sound health and long life.

May all beings be happy.

With Metta and blessings,

Sanghanayaka Suddhananda Mahathero
President
Dharmarajika Orphanage
Dhaka, Bangladesh

The Victorian Observation of the United Nations Day of Vesak 2016

On Saturday 7th May 2016, Members and Friends of our Centre attended and helped at the Victorian United Nations Day of Vesak Celebration, a multicultural gathering of many Temples and Centres from across Victoria to commemorate Vesak, the Lord Buddha's birth, death and enlightenment. See the article below for more details.

The Victorian Observation of the UN Day of Vesak



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2016 consisted of three events beginning with a Dana offering to the Venerable Sangha in the morning, followed by a Vesak Procession to the Melbourne Town Hall where there was a special celebration and viewing of Sakyamuni Buddha's relics.

Our Centre managed the logistics element of the event and individual Members of our Centre helped out with the event preparation and proceedings on the day in many ways.

The President of the Buddhist Discussion Centre (Upwey) Ltd. wrote the following message to our Centre's team of volunteers after the event:

Dear United Nations Day of Vesak 2016 Team,

I don't know if you all heard the dedication of merits by the UN Day of Vesak Sangha Chairperson Venerable Chi Kwang Sunim. Venerable Chi Kwang singled out our temple for the work that we have done each year for many years helping to conduct this great Vesak event. In her dedication she thanked our team and said that our contribution has brought great joy to many people including herself.

Our team's contribution brings joy to Anita and I also. We know it is a big commitment of time and effort from you all and we saw, as I am sure you each would have experienced too, many examples of our Members friendliness, enthusiasm and joy from 7.00am to 6.00pm.

Anita and I wish to thank you all for your generosity and wholehearted support at this years' UN Vesak Day. Our kamma from this one day is powerful and very clean as we are providing a great offering to our Buddhist world at Vesak, giving wholeheartedly and with happiness.

Sadhu, Sadhu, Sadhu!

With metta,

Frank Carter
President

Please see some photos from the Victorian United Nations Day of Vesak 2016 below:



Photo: Sangha Dana Offering (Pindabata) in the morning at St Peter's Parish Hall (Photo sourced from Facebook)



Photo: Member of our Centre, Julian Bamford, was one of the main procession organisers for the Procession which travelled through the city to the Melbourne Town Hall.



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Photo: The Venerable Sangha and Laypersons walking in the procession to the Melbourne Town Hall. Photo by CBN TV.

Photo: Sakyamuni Buddha float at the Victorian UN Day of Vesak 2016 Procession. Photo by The Age (<http://www.theage.com.au/photogallery/victoria/a-celebration-of-buddha-20160507-gooufj.html>)



Photo: The Holy Relics of Sakyamuni Buddha and the Venerable Sangha on stage at the Melbourne Town Hall. Photo by CBN TV



Photo: Cambodian Dancers perform a special blessing dance on stage at the Melbourne Town Hall. Photo by CBN TV.

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Photo: Member of our Centre, Sally Kelly, and Cameron Sar were the fabulous MC's at the Melbourne Town Hall. Photo by CBN TV

Order Association. Jin-Gak Buddhist Order is Vajrayana school of Buddhism and is a very active Regional Centre of the WFB in Korea. This is the first time that Vajrayana school in the WFB family will host the WFB General Conference.

Our Centre plans to send a rapporteur team of five to the WFB.

Our team will also have the opportunity to meet the President and a senior student of the Yun Hwa Sangha which is the organisation founded by Supreme Patriarch Dae Poep Sa Nim. The Yun Hwa organisation has joined the WFB as a Regional Centre.

Belgrave Lantern Parade

The Belgrave Lantern Parade is an annual event held at Belgrave Main Street, which is only a few kilometres from our Centre. The event marks the midst of winter and this year will be the 10th year it has taken place.

The Belgrave Lantern Parade will be held this year on Saturday the 18th of June. Anita wishes for our Centre to participate this year by creating a lotus lantern to be carried in the parade.

We will provide further information to Members leading up to the event.

World Fellowship of Buddhists Conference Location and Date Announced

We have been advised that the that the 28th World Fellowship of Buddhists General Conference will be held in Seoul, Republic of Korea from 26 to 30 September B.E. 2559 (2016).

The WFB General Conference will be hosted by Jin-Gak Buddhist Order of Korea with the support of Regional Centres of the WFB and Korean Buddhist



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Photo: Sakyamuni Buddha Puja Offering and Altar at our Centre on the morning of Vesak Day, 22nd May 2016. Photo by Claire Ransom

Buddhist Discussion Centre Heritage Library Collection

Our heritage library collection has been partially catalogued using the Dewey Decimal System which is the international standard for libraries to catalogue their materials. The DDC classifies all the world's knowledge into ten subject groupings which is why it is called a decimal system.

Our library catalogue has about 4,000 entries and exists in a hard copy format on individual file cards

and digital form on a computer in the hall.

We also have several thousand uncatalogued books and journals in our collection which we need to add to our library catalogue. Our current system requires a librarian to manually enter the details of each individual book onto our computer and to write the same information onto our card files.

Vinse Cheung who has recently become a Member of our centre has been researching options for us to upgrade our library catalogue and has found some new software which has many advantages over our existing system.

This software is called Libib and is a web based program which works by using a mobile phone to scan in the ISBN of any publication. This software automatically creates the entry for that publication and adds in all the publications information from its own data base and from the Internet. To catalogue one book therefore takes only a few seconds!

Also the Libib data base is kept online so anyone who has the Log In for our library collection can view our catalogue anywhere in the world by mobile phone. Users cannot make edits to the catalogue.

The catalogue will also be accessible from the libraries computer in our Dhamma hall which will be put online. Once installed many of our remaining uncatalogued books can be added to our catalogue very quickly.

Thank you Vinse for your commitment to upgrading and looking after our Heritage Buddha Dhamma Library Collection.

Farewell to Nicole Moustakas

We recently said good bye to one of our Members and Vice Presidents, Nicole Moustakas, who moved back to Perth to be closer to her family and continue her Buddhist studies and university education.

Nicole has been a very active Member of our Centre, helping to organise many significant events such as fundraisers, activities and social events, as well as assisting with the maintenance of the premises and



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offering many meals to our teachers, students and guests. Nicole attended two World Fellowship of Buddhist Conferences as part of our Rapporteur Team.

We offer our heartfelt thanks to Nicole for her commitment and assistance over the past few years and with her all the best in this next chapter of her life.

Recipe - Chicken Katsu Curry

Thank you to our Member and Vice President, Destin Nguyen, for providing the recipe for this warm meal just in time for Winter.

Serves 4.

Curry Sauce & Vegetables

Ingredients

- 4 Cubes of Japanese Curry Powder. You can find them at the local supermarket under the label 'Golden Curry'
- 1 tbsp. of Curry Powder
- 4 tbsp. of Plain Flour
- 1 Large Brown onion, finely diced
- 1 tbsp. of finely grated ginger
- 2 garlic cloves, finely chopped
- Approximately 600 ml of Chicken Stock
- 1/4 Cup of Light Japanese Soy Sauce
- 2 tsp. Honey
- 2 tbsp. Palm Sugar
- 2 tsp. Rice Vinegar
- 1/2 tsp. Garam Masala
- 1 Large Potatoe, medium dice
- 1 Large Carrot, medium dice
- 2 tsp. of Peanut Oil
- Steam Rice

Method

1. Heat peanut oil in a saucepan over medium-high heat
2. Add the onions, ginger and garlic, and saute
3. Add the potatoes and then carrots. Sweat

with the lid on for approximately 10 minutes until caramelised.

4. Temporarily remove the potatoes and carrots from the saucepan
5. In the same saucepan, add a combination of curry powder and Japanese curry cubes - stir until fragrant.
6. Gradually stir in the flour in intervals and cook until sandy consistency (1-2 minutes)
7. Steadily whisk in the chicken stock avoding lumps
8. Add palm sugar, light soy sauce, and honey and allow to simmer. Whisking occasionally for about 10 minutes
9. Stir in the rice vinegar and garam masala
10. Return potatoes and carrots to the saucepan and bring to heat
11. Serve with rice

Chicken

Ingredients

- Chicken - either chicken breast or thigh
- Panko Bread Crumb
- 4 Eggs
- Milk or Water
- Vegetable Oil for shallow frying

Method

1. Preheat the oven to 180 C for 5-10 minutes
2. Prepare a bowl of egg wash (eggs mixed with either milk or water), a bowl of plan flour and a bowl of panko bread crumb
3. To crumb the chicken, cover the chicken breasts in plain flour, dip it into the egg wash and then coat it with panko bread crumb
4. Fry the breast pieces in vegetable oil on each side until golden before finishing the cooking process in the oven for approximately 15-20 minutes depending on your choice of cut

Serve Curry on your choice of rice with Crumbed Chicken.

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Photo: Members and Friends after the Vesak chanting and meditation. Not pictured: Vinse Cheung and Emma Song.