



Brooking Street Bulletin

Issue #67, November 2014

Buddhist Discussion Centre (Upwey) Ltd.
A.C.N. 005 701 806 A.B.N. 42 611 496 488
33 Brooking Street, Upwey, Victoria 3158
Phone / fax – 03 9754 3334



email – chanacademy@bdcu.org.au web – www.bdcu.org.au

Christmas Party

It is our great delight to warmly invite you to our Christmas Party on Saturday 13th December 2014 at 5:30pm, in our Heavenly Dhamma Garden.

This is a wonderful opportunity to spend time with Dhamma friends, sing carols, practise Dana (generosity), catch up and relax.

This year we will be having a barbeque. Everyone is invited to bring barbeque meat, salads, bread and/ or a dessert. If possible, please notify us via email (wbu@bdcu.org.au) of what you plan to bring. In the possible event of a fire ban, Anita has offered to cook the barbeque inside the house.

Anita invites each of us to bring a small Dhamma gift to offer to all those present. For example, Dhamma quotes, Dhamma books, Dhamma CDs, Dhamma information, laminated Dhamma pictures, and so on. This is a great opportunity to practise Dana together with fellow Dhamma practitioners.

Partners and family are most welcome. We hope you can come and celebrate with us.

John D Hughes Death Anniversary and World Healing Puja

Saturday the 29th of November 2014 marks the 11 year Death Anniversary of our founder Master John D. Hughes, and our third World Healing Puja.

Everyone is warmly invited to attend our full day celebration. The schedule for the day is as follows:

- 9:00am: Participants arrive and place cake offering and names of loved ones in the hall and lunch in the office.
- 9:15am: Anita welcoming speech in the hall.
- 9:30am: Prostrations, meditation, chanting and circumambulation of the stupa 33 times with the names of your loved ones. Please

Important Dates

Every Saturday	Members' Day 11am - 10pm Merit Making and Classes
Every Saturday	Essential Buddha Dhamma Teachings 2pm - 4pm
Every Saturday	Buddhist Meditation Class 8pm - 9:30pm
Every Sunday	Buddhist Hour live on 3MDR 97.1fm 4pm - 5pm
Every Thursday	Dakini Teachings for female students 8pm - 10pm
First Saturday of each month	5.00pm General Meeting. All welcome to attend
Monday 1st December	Padmasambhava Tsok (Puja) 8pm - 9pm
Saturday 6th December	Kallista Market Fundraising Stall
Saturday 6th December	5.00pm General Meeting. All welcome to attend
8 - 9th December	Visiting Master Ming Quang – date and time to be confirmed
Saturday 13th December	Christmas Garden Party 5pm
25th December	Christmas Day Flower Stall
27th December – 31st January	Five Day Bhavana (Mind Development) Course
31st December	New Year's Eve Party Padmasambhava Tsok (Puja) New Year's Eve Bell Puja
1st January	Surangama Puja
26th January	Puja (Surangama Puja or reciting Dragon Sutra)
Australia Day	
January/ February	Lunar New Year Vietnamese Temple Visits

wear comfortable clothing with long pants or skirt.

- 11am -1pm: World Healing Buddha Puja
- 1:00pm: Shared lunch in our Heavenly Dhamma Garden
- 2.00pm: Dhamma Class: Topic - Compassion



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- 5:00pm: John D. Hughes Guru Puja. We dedicate the merit made from this puja to Master John D. Hughes in honour of his work for the Buddha Sasene.
- 7.00pm: Shared dinner in the Sariputta Room each Saturday, all welcome to attend.
- 8:00pm: Buddha Dhamma meditation class

The World Healing Puja is being held to bring blessings to this our world, planet earth, bringing peace to the hearts and minds of men, women and all beings. It also provides us with the opportunity to generate blessings and transfer merits generated to our family, ancestors and friends bringing us and them health, wealth and prosperity.

Everyone is welcome to provide a list of the names of your loved ones, such as current living beings, parents, departed relatives/friends and ancestors. If you are unable to attend, please still provide the names of your loved ones for blessings.

To empower the blessings it is a good time to offer donations of food, money, gifts, etc to our temple, Teachers and other Members on behalf of your family, friends and ancestors. We invite you to please bring a cake to be placed in the puja and a dish to contribute to lunch. You are also welcome to bring dry labelled food from home be placed in the puja (e.g. biscuits, uncooked rice, cooking oil etc.) for you to get blessed and then take back home afterwards.

Vice President Updates

Administration

We are currently updating our office filing system to provide effective filing and retrieval of our correspondence documents and information records.

Our monthly General Meetings on the first Saturday of each month are now held at 5:00pm and will be followed by our Management Team Meeting at 6pm;

all are welcome to be present.



Photo: Master John D Hughes

Knowledge Management

The program "Index Your Files" has been installed on PC1. The source for the program is www.indexyourfiles.com, and the software is free of charge.

Members are asked to please try the program out and give us feedback what you think. It can easily be installed on the LAN, if we like it.

The program is very intuitive and straight forward to use. Here is a short intro on how to get started:



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- To launch click on the Desktop icon titled "Index Your Files" on PC1A in the Sariputta Room.
- To search for specific content within a file, tick the box labelled "content" and type your keyword - a list of files will appear complete with location, file size and date of file.
- To find a file by file name, type your keyword in the search bar on the left top - the files will appear as above (*a hint: you can use abbreviations, for example, abhi instead of abhidhamma).
- To get a file preview, click on the file to highlight and the preview will appear in the right hand window.

You can also narrow your search by date, file size, and file type: text, photo and audio. There is a menu on the bottom offering all sorts of functions including open file and copy.

The best way to figure out the program is to use it and experiment with it. Please see me for any questions and feedback. I am happy to show you how it works.

May all beings be able to find the Buddha Dhamma materials they are looking for.

Public Relations: Shang Longrik Gyatso Rinpoche

On Sunday the 16th of November 2014 the Buddhist Discussion Centre (Upwey) Ltd was honoured to host Vajrayana Master Shang Rinpoche and his students for his first visit to our centre.

The event was very successful. All members worked together in harmony to ensure we provided a suitable environment for the Master's visit.

Shang Rinpoche gave Dhamma Teachings, Padmasambhava Mantras and Prayer Transmissions to all who were present. All members had the

opportunity to offer Rinpoche some flowers and were able to ask him questions.

Thank you to all the members who volunteered on the day.

During his visit Shang Rinpoche consecrated four altars in the John D Hughes Dhamma Cetiya Meditation Hall. Shang Rinpoche's visit was a great blessing to our Temple and all that were present.

We sincerely thank Shang Rinpoche for his Teachings and gift of books written by him, which are now a part of our Library.

Photo of the Buddha image at Bodhgaya overlaid on a Bodhi leaf as shown below on this page together with homemade mala bead bracelets were given out as gifts to our guests. The photos were created and printed by Peter Marshall.





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Local Area Planning & Asset Management

Recently, a large tree situated adjacent to Suite 1 ‘The Ocean Shed’ was removed from the garden, opening additional space for the proposed Sakyamuni Buddha garden altar.

Plans for initial ground works for the altar have been proposed for the coming weeks with holes to be excavated and footings to be installed.

President Frank Carter has also advised that prior to further progression with the Sakyamuni Buddha garden altar, we intend to relocate the existing humus heap to the rear of the property along with finalising the acquisition of a mulcher.

Members interested in contributing to the ongoing maintenance and enhancement of our Centre, please direct your queries to either Destin Nguyen or Frank Carter.

Fundraising

Thank you so much to the generous volunteers who assisted with our two recent Sausage Sizzle fundraisers held at Bunnings Warehouse Scoresby.

At the Sausage Sizzle on Tuesday 4th November 2014 (Melbourne Cup Day), we raised \$956.59 for our Centre and \$140.95 for Dhammarajika Orphanage.

At the Second sausage Sizzle on Sunday 23rd November 2014, we raised \$1,216.94 for our Centre and a further \$25.30 was raised for the Dhammarajika Orphanage.

Congratulations to everyone for their efforts leading up to and during the events. Many wholesome actions were created while raising these funds for our centre.

The Masters Sausage Sizzle which was to be held in December was cancelled by the store; they will give

us first preference if there is a cancellation from another group for another date.



Photo: Adam Richards, Nicole Moustakas, Frank Carter and Destin Nguyen volunteering at our Centre’s Sausage Sizzle fundraiser at Bunnings Warehouse Scoresby, 4th November 2014. Photograph by Claire Ransome.

Our Centre will be running a fundraising stall at the Kallista Market on Saturday 6th December. We are currently seeking handmade and quality second hand donations (for example: jewellery, crafts, artworks) to sell at the market. We also hope to sell edible goods such as cakes, jam and cordial. We will inform members closer to the date if we receive a permit to sell food items. If you wish to help with the stall please contact Claire on 0425 864 056.

Our annual Christmas Day flower stall will be running once again this year. Please see the next article for details.

Christmas Day Flower Stall

Each year our centre runs flower stalls on Christmas and Mother’s Day. Our Flower Stall is run with the five styles: Friendliness, Practicality, Professionalism, Cultural Adaptability and Scholarship.

Why do we choose to sell flowers to offer and why is it a virtuous deed to make the offering of flowers?



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For many centuries Dhamma Practitioners have understood the virtue in offering flowers to the Buddha, Dhamma and Sangha, family and friends.

The Buddha taught that due to cause and effect there are ten blessings arising from the offering of flowers.

The Ten Blessings are:

- Long life
- Good health
- Strength
- Beauty
- Wisdom
- Ease along the Buddha Dhamma Path
- Being born in beautiful environments
- Born with good skin, hair and beautiful to look at
- Always having a sweet smelling body
- Pleasant relationships with friends

Master John Hughes wrote the following comments about our flower stalls – “If human beings understood that the offering of flowers leads to the above ten blessings, flower stalls around the world would be sold out before 9.00am not only on Christmas and Mother’s Day but every day of the year”.

The funds raised go towards our Centre and the Bangladesh Orphanage which we have been supporting for more than twenty years.

We welcome all our friends and Members to volunteer their time to help us raise general funds and at the same time have the opportunity to learn and benefit from the ten virtues of offering flowers.

If you wish to help please contact our Fundraising Vice Presidents Adam on 0422 032 333 and Claire on 0425 864 056.

Jammu & Kashmir Flood Relief 2014

As previously mentioned on the 23rd of September 2014, we transferred \$310 to India as our Flood Relief donation. On the 31st October we received an email from the Mahabodhi International Meditation Centre (MIMC) based in Ladakh, India as below:

“On behalf of the Mahabodhi International Meditation Centre, Ladakh and the people of Jammu & Kashmir we would like to thank you with all our earnestness and sincerity, for making a donation of USD \$310 (three hundred ten) which will be utilized in the relief and rehabilitation of the flood victims in Kashmir, J&K India. As of now we are still in process of appealing for more support to come, we are trying to collaborate with the most reliable agencies to work with and to make the best use of your valuable financial support to the right people. We will also send a detailed report to you once we have decided where the money will be used. Kindly find here with the enclosed copy of the official receipt.

It is only with generous gestures from large-hearted people like you that we have been able to undertake causes like this.

At this moment, the whole of India is confronted with huge tasks to resume work and rebuild homes and infrastructure in Srinagar. We sincerely endeavour to help reduce pain, give support and reduce disaster anguish, instilling strong faith in the flood victims that with such friends like you around the world, the flood victims people will eventually circum the natural disaster brought about and once again make the place a better home. We are all optimistic things will return to normal very soon because of thoughtful contributions from people like you.

Once again all of us express our heartfelt thanks and gratitude for your generosity, concern and good will at this hour of great crises.

May you always be happy, healthy and well.
With sincere thanks and kind regards.

In the service of humanity,
Bhikkhu Sanghasena.”



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Monthly Recipe: Aussie Pav (Pavlova)

This recipe was kindly given from Sally Kelly.

Ingredients:

- 4 egg whites (not fresh eggs)
- 1 cup castor sugar
- 1 teaspoon vinegar
- 1 desert spoon cornflour

Method:

Using an electric beater whip egg whites until white

soft peaks form and fluffy. Add sugar and continue beating until dissolved. Then fold in cornflour and vinegar.

Place on a plate (it will keep its shape; there is no need for a cake tin) and bake for 1-½ hours in a slow oven at 120 degrees Celsius. Allow to cool in the oven.

Decorate with whipped cream, grated dark chocolate and strawberries.



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The 27th World Fellowship of Buddhists General Conference

The 27th World Fellowship of Buddhists General Conference was held at Baoji, of the People's Republic of China from 14-19th of October 2014. Since the return of our delegation team whom attended the conference to perform the rappoteuring duties, the following letter and photograph below is being emailed to our Buddha Dhamma friends from the Conference.

Dear Friends in the Dharma,

May this letter find you well and happy. We hope you had a safe journey back to your homes and Temples. Our shared experience in Baoji, China was wonderful and may we meet again in 2016 or even sooner. Remember, you are welcome to visit our Centre here in Melbourne, Australia anytime.

Kind regards to you, your family and friends,

Yours truly,

Anita Carter (Abbot), Frank Carter (President), Nicole Moustakas (Member) and Sally Kelly (Member)



Photo: Sally Kelly, Nicole Moustakas, Evelin Martin, Anita Carter, Melba Nielsen, Trish Allen, Simon Kearney, Kym Merriman, Frank Carter and Julian Bamford, on the 25th October 2014 on the Golden Pavilion in our Heavenly Dhamma Garden. Photograph taken by Peter Marshall.