



# Brooking Street Bulletin

Issue #66, October 2014

Buddhist Discussion Centre (Upwey) Ltd.  
A.C.N. 005 701 806 A.B.N. 42 611 496 488  
33 Brooking Street, Upwey, Victoria 3158  
Phone / fax – 03 9754 3334

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## The visit of Venerable Myung Seon Kun Sunim to our Centre



**Photograph:** Venerable Myung Seon Kun Sunim with Anita Carter, Frank Carter and Simon Kearney in front of the Buddha Rupa in our Heavenly Dhamma Garden. Photograph by Peter Marshall.

On Friday 10th October 2014 we were honoured to host the visit of one of Korea's most senior monks, Venerable Myung Seon Kun Sunim.

Venerable Myung Seon Kun Sunim is Abbot of HeungGukSa Temple which was founded in 1195 and is situated near Yeosu near the South Coast of South Korea. He is Vice Chairman of the Board the Korean Buddhist Jogye Order (the major sect of Zen Buddhism in Korea), and is also Chief Director of the Yosu Temple Association.

In Korea, Sunim is sometimes referred to as "Happy Buddha". Accompanying Sunim were some of his lay disciples, two of which have devoted their lives to publishing Buddhist texts and books. Their names are Jeong Gil Sook and Cho Kyung Sook. One of the laypersons accompanying Sunim was Mrs Cheung

### Important Dates

Every Saturday	Members' Day 11am - 10pm Merit Making and Classes
Every Saturday	Essential Buddha Dhamma Teachings 2pm - 4pm
Every Saturday	Buddhist Meditation Class 8pm - 9:30pm
Every Sunday	Buddhist Hour live on 3MDR 97.1fm 4pm - 5pm
Every Thursday	Dakini Teachings for female students 8pm - 10pm
First Saturday of each month	4.30pm General Meeting. All welcome to attend
Saturday 1st November	Ch'an Painting Class 11am - 12:30pm, Class fee \$20
Sunday 2nd November	Kathina Ceremony at Dhamma Sukha Manohara (Forest Centre) and Wat Thai Nakorn Melbourne
Sunday 2nd November	Padmasambhava Tsok (Puja) 8pm - 9pm
Tuesday 4th November	Bunning's Warehouse Sausage Sizzle Fundraiser
Friday 14th November	Amitabha Prayer Transmission at Quang Minh Temple given by Shang Rinpoche
Saturday 15th November	Shang Rinpoche Speech 2pm - 4pm at State Library of Victoria
Sunday 16th November	Shang Rinpoche Visit to our Centre from 2.00pm
Sunday 23rd November	Bunning's Warehouse Sausage Sizzle Fundraiser
Saturday 29th November	World Healing Puja and our Founder's Death Anniversary Commemoration
Monday 1st December	Padmasambhava Tsok (Puja) 8pm - 9pm
Saturday 6th December	Kallista Market Fundraising Stall
8 - 9th December	Visiting Master Ming Quang – date and time to be confirmed
Saturday 13th December	Christmas Garden Party 5pm
25th December	Christmas Day Flower Stall



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Suk, who was an occasional student here under Master John D. Hughes.

Venerable Myung Seon Kun Sunim and his lay disciples arrived around 7pm on Friday evening and met with our Abbot Anita Carter, President Frank Carter and Members of our Centre. We gathered in the John D. Hughes Dhamma Cetiya and at approximately 7:30pm, Sunim so kindly delivered a Dhamma talk on the Law of Karma, translated by one of his lay disciples. Afterwards Members offered flowers to Sunim and Anita offered him a framed etching of a Chan painting of the Nobbies by our Founder, Master John D. Hughes.

We offer our heartfelt thanks to Venerable Myung Seon Kun Sunim and his lay disciples for kindly visiting our Centre. May we meet in the Dhamma again and again!



**Photograph:** Altar prepared for our World Healing Puja 9<sup>th</sup> October 2014.

## World Healing Puja

Our Abbot Anita is presiding over a series of three World Healing Pujas.

Our first World Healing Puja was held on Thursday 9<sup>th</sup> October 2014 at 8pm. We performed the Medicine Buddha Puja and sincerely called upon all Buddha's, Bodhisattvas and Gods of all religions in this universe to please bring their blessings to this world, Earth, curing all illnesses and bringing peace to the hearts and minds of men, women and all beings.

After the puja on 9<sup>th</sup> October, we sang happy birthday to Peter Marshall, whose birthday was on the 8<sup>th</sup> October. Thank you, Peter, for helping our Abbot Anita to run our Centre. May you be well and happy and be blessed with a healthy long life!

Our second puja was held on Saturday 25<sup>th</sup> October and was followed by our singing happy birthday to our President Frank Carter whose birthday was on the 23<sup>rd</sup> of October. The third puja will be held on Saturday 29<sup>th</sup> November, which is also our Founder Master John D. Hughes's Death Anniversary.

These three pujas are being held to generate blessings and transfer the merits generated to our families and friends bringing health, wealth and prosperity.

Everyone is welcome to provide a list of the names of your loved ones, i.e. parents, departed relatives, friends and ancestors. Being held on a Saturday we hope many of you will be able to participate. If you are unable to attend, please still provide the names of your loved ones for blessings.

We invite you to bring food to be placed in the puja, such as afternoon tea and some dry food labelled with your name (e.g. biscuits, uncooked rice,



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cooking oil etc) for you to take back home afterwards. Please also contribute a dish for lunch money offerings to the temple are welcome.

Please RSVP and provide the names of your loved ones to us to [wbu@bdcu.org.au](mailto:wbu@bdcu.org.au).

*Please note that since we will be holding a Puja on the last Saturday of October, our monthly Chan Class has been moved to Saturday 1st November 2014, from 11am – 12:30pm.*

## Visiting Master Ming Quang

Taiwanese Master Ming Quang, Abbot of Bau Sen Buddha Ru Yi Temple, in Kinglake will be visiting from Taiwan on the 8-9th of December 2014.

Bau Sen Buddha Ru Yi Temple was constructed by the Late Master K.S. Lin who was a friend of John Hughes. The current Abbot Taiwanese Master Ming Quang we know well from our attendance at WFB Conferences.

Anita warmly invites all Members to join her in visiting Master Ming Quang at Bau Sen Buddha Ru Yi Temple; located at 210 Burtons Road, Kinglake West, Victoria.

It is recommended to bring an offering of flowers to give to the great Master Ming Quang.

## 27th General Conference of the World Fellowship of Buddhists

Our delegation team for the 27th World Fellowship of Buddhists Conference, held in Baoji China, returned home on Monday 20<sup>th</sup> October. Anita Carter, Frank Carter, Sally Kelly and Nicole Moustakas travelled to the conference to perform the rapporteur duties, as Members of our Centre have been privileged to do since the late 1990's.

The World Fellowship of Buddhists (WFB) is an international Buddhist organisation founded in 1950

by representatives from 27 nations. The WFB has approximately 180 Regional Centres located around the world in 35 countries, of which our Centre is one. The WFB holds a General Conference every two years.

On Thursday 23<sup>rd</sup> October 2015, Buddhist Discussion Centre (Upwey) Ltd President and Honorary Assistant Secretary General of the World Fellowship of Buddhists, Frank Carter, received the following correspondence from the Vice President of the World Fellowship of Buddhists Venerable Dr T Dhammaratana:

Dear Mr. Frank Carter,

Thank you very much for sending me the Baoji declaration. Herewith I would like to extend my sincere thanks for you and your team for their extremely important contribution in order to make success of WFB conference.

My best wishes to you and hoping to see you again. Thanks.

Sincerely in the dharma,

Ven. T. Dhammaratana  
WFB Vice President, France

## Shang Rinpoche's Visit to Australia

Shang Longrik Gyatso Rinpoche will be visiting Australia for the first time in about 15 years.

“Shang Rinpoche is a highly esteemed Buddhist master from Taiwan. In teaching, he not only draws on his Buddhist wisdom, but also his extensive knowledge of Taoism, eastern philosophy, and history. Rinpoche's mix of humour, kindness, and compassion has given strength and inspiration to thousands of people from all walks of life.

Rinpoche is the current incarnation of Shang Rinpoche, who founded the Tsalpa Kagyu School in



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Tibet in the 13th Century. His root master is the current incarnation of the great tertön, Dorje Lingpa. In addition, Rinpoche has received pith instructions as well as lineages from some of the greatest masters of all four Vajrayana schools including Dilgo Khyentse, Chatral Rinpoche, Dudjom Rinpoche and the 16th Karmapa. Rinpoche has also received the lineage of great Chan (Chinese Zen) Master Empty Cloud (虛雲老和尚) as well as teachings and lineages from Master Huisan (慧三老和尚) and Master Jiede (戒德老和尚).”

Source: Melbourne Dharma Talks

We are delighted to advise that we have three scheduled events with Shang Rinpoche over three days.

## Friday 14th November 2014

On Friday evening the 14th November 2014 at 6pm (transmission 7:30pm), we plan to attend Amitabha Dharma Transmission: “The Short Prayer for Passing into the Blissful Pure-Land” given by Shang Rinpoche. This is being held at Quang Minh Temple, 18 Burke Street, Braybrook VIC. You can register for this event at [melbdharmataalks.blogspot.tw](http://melbdharmataalks.blogspot.tw), or by email to [melbdharmataalks@gmail.com](mailto:melbdharmataalks@gmail.com)

Shang Rinpoche will transmit a short Amitabha prayer, taken from the Tibetan lineage of the great tertön, Dorje Lingpa. Rinpoche will also give a short talk on this Dharma, its benefits, its history and how to practice it. To our knowledge, this is the first time this Amitabha prayer will have been transmitted in Australia.

The transmission will be preceded by snacks, a qigong session led by senior students, and then followed by a Q&A open to anybody with questions about Qigong, the Amitabha prayer, or anything else.

## Saturday 15th November 2014

On Saturday 15th November 2014 some of our Members will attend a Dhamma talk being given by Shang Rinpoche at the State Library of Victoria from

2pm - 4pm. All are welcome to attend. Please let us know if you will be joining us and we will register as a group. Details as follows:

## *An Afternoon with Shang Rinpoche*

A relaxed, conversational talk and open Q&A covering topics like: finding and maintaining happiness, living in the moment, and dealing with everyday stresses like work, finances, and relationships.

This talk will cover issues of importance in our lives: finding and maintaining happiness, how to be a more compassionate human being, and dealing with the stress of jobs and relationships.

Rinpoche will give tips on what it is like to be really mindful, to acquire wisdom from being in the present, and to not dwell on the past or future.

Armed with this knowledge and inspiration, we can begin to overcome the mental stumbling blocks that so often trip us up, and keep us from being who we really want to be.

The session will also include a substantial amount of time for Q&A. This is an excellent opportunity to ask any questions regarding eastern religion and philosophy, its application in modern times, or anything else on your mind.

There will also be books of daily wisdom teachings and meditation techniques, and qigong DVDs available on the day. Saturday 15 November 2-4pm, Village Roadshow Theatre (enter via Latrobe St), State Library.

## Sunday 16th November 2014

Shang Rinpoche and his entourage of up to 50 people visiting our Centre on Sunday 16th November 2014. This is a very rare and auspicious occasion and we hope all of our Members can be present. A program will be advised closer to the date.



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## Vice President Updates

### Administration

Our Centre holds monthly General Meetings at 4:30pm and Management Team Meetings at 5:30pm on the first Saturday every month. Please note our General Meetings time has changed from 5:30pm to 4:30pm.

As a member and/or student, you are encouraged to attend the meetings to keep in touch about what is happening at our Centre, however, only Members can vote. Attending meetings is a great way to become acquainted with other Members and students and learn about the way we do things. Your presence at our meetings is welcomed and encouraged.

When saving new documents on the computers at the Centre (LAN) which are for uploading to any of our websites please follow this file name format: name gives a good indication of content, short – up to twelve characters, no spaces, lower case and no special characters, however underscore and numbers are fine.

Also when saving files on our LAN please do not create any new folders or create folders within existing folders without prior permission from Frank or Evelin. Please also write a path reference in the footnote of each document so its location can easily be identified by others.

### Public Relations

#### Kathina Ceremonies

Each year, Members from our Centre attend Kathina Robe Offering Ceremonies at various temples in Victoria. The Kathina Ceremony is the most significant merit making offering of the Buddhist calendar for lay devotees. The ceremony is held at the end of the three month rains retreat in Theravadin Buddhist Temples.

The Buddha explained offering robes to a Sangha member is one of the most powerful and beneficial types of merit that can be done. The fruits accrued by the giver of Kathina Robes are very great. For the benefactor, the merits will:

1. bring wealth and fortune, together with success in following one's career;
2. bring constant freshness, brilliance and purity of mind;
3. facilitate concentration of the mind and attainment with ease of the Dhamma inside;
4. bring about wisdom in using one's wealth for the creation of long-term benefit, nurturing and protecting oneself not only in this life, but also in those to come;
5. bring physical beauty and radiance of complexion, making one loved by all;
6. bring one fame and respect, praise and admiration: the inspiration of those around one;
7. cause one to be reborn in the heavenly realms when this life is done.

This year, our Centre arranged for Members and Friends to attend up to four Kathina Ceremonies to offer robes to the Venerable Sangha. We encourage Members to attend as many Kathina Ceremonies as possible.

Please contact Simon Kearney on 0488 666 720 or [simon\\_p\\_k@yahoo.com](mailto:simon_p_k@yahoo.com) ASAP to reserve robes for any event you wish to attend.

The upcoming dates of Kathina Ceremonies that our Centre has arranged for Members to attend are:

#### Sunday 2 November 2014

Temple: Dhamma Sukha Manohara Meditation Centre (Forest Centre)

Location: 251 Heard Avenue, Plenty, VIC 3090.

Temple: Wat Thai Nakorn Melbourne

Location: 489 Elgar Road, Box Hill, VIC 3128.



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We are most fortunate to have these great opportunities.



**Photograph:** Member of the Buddhist Discussion Centre Australia Mr Herro Salim on Sunday 19th October 2014, at the Wat Dhammaram Kathina Ceremony; 53 Balmoral Avenue, Springvale, VIC.

## Knowledge Management

Our research continues to implement a new text retrieval system. We have tidied up files on our LAN data warehouse for ease of use. We created a small number of new folders as we want to keep our LAN architecture well organised. Please see Frank or Evelin if you wish to create a new folder, or if you have any IT questions or suggestions.

Anita wishes to set up a YouTube channel to broadcast Buddha Dhamma.

## Local Area Planning & Asset Management

At our recent General Meeting on the 1st November 2014, we passed a motion that the following buildings located on the premises at which the Buddhist Discussion Centre (Upwey) Ltd is located, be renamed as:

- Suite 11 is now known as ‘Suite 1: The Ocean Shed’
- Suite 10 is now known as ‘Suite 2: The Book Shed’
- Suite 10a is now known as ‘Suite 3: The Fundraising Shed’
- Suite 4 is now known as ‘Suite 4: The Radio Shed’
- The new shed is now known as ‘Suite 5: Frank’s Shed’

Some of the John D. Hughes Collection has been archived Suite 2: The Book Shed. The contents of Suite 5: Frank’s Shed includes the Buddhist Discussion Centre (Upwey) Ltd workshop and the John D. Hughes Collection artworks.

## Fundraising

Our next fundraising event will be a Bunnings Sausage Sizzle to be held on Tuesday the 4<sup>th</sup> of November (Cup Day) at the Bunnings Scoresby store. Please mark this date in your diary.

We have booked a fundraising stall for our Centre at Kallista Market Stall on Saturday 6<sup>th</sup> December 2014. We wish to sell art, crafts and other treasures that may be of interest to the folk at Kallista Market. There is a possibility that we may be able to sell food items such as jams and cakes. Please contact Claire if you have items you wish to donate for sale at the stall.

Our Sausage Sizzle at Masters Knoxfield which was booked for 21<sup>st</sup> December 2015 has been cancelled due to another event taking place at the Masters. We received the good news that we have been allocated

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a Sausage Sizzle fundraiser at Bunnings Scoresby on Sunday 8<sup>th</sup> March 2015.

## Monthly Recipe: Zucchini Pasta

This recipe was contributed by a friend of our Centre, Lynda.

**Ingredients:** Serves 3 - 4 people

3-4 Medium size zucchinis  
1 jar Leggos stir through sauce  
3-4 Tablespoons tomato paste  
Small serve of semi-dried tomatoes  
Small serve of pitted olives  
1/3 cup of cheese (grated)  
Pasta  
Salt and Pepper

### Method:

Put the pasta in lots of boiling water (salted) and cook until *al dente*.

Wash, dry and slice zucchinis (skin on).

Fry or grill zucchinis with a little olive oil on both sides until nice colour. Fry the olives.

Add zucchinis, pasta sauce, olives, tomatoes and tomato paste. Stir through sauce, pepper and some cheese.

Fold in all ingredients and eat!

This dish can be pan fried later on, or heated in oven if there is any left over. Thank you for sharing the recipe for this delicious dish with us, Lynda.

## Dhammachakra Pins for Members to Purchase

A local jeweller, Brent Dakis, has kindly agreed to take a mould from one of our existing Dhammachakra pins and replicate them in sterling silver. This particular Dhammachakra design is the logo for our Centre. One of our lifelong members, Melba Nielsen, offered the original piece of jewellery to our

founder Master John D. Hughes many years ago.



"The Dhamma Chakra, or Dhamma Wheel used by many Buddhist temples and Centres, is a representation of Buddha Refuge.

The hub, the centre represents the Buddha, who comes into the world and accesses the Dhamma and teaches it. The eight spokes of the wheel represents the Eight-fold Path, the teachings that once applied have brought others to know what the Buddha found out.

The rim of the wheel represents the beings in the world that practice the Dhamma - and this is what keeps the Dhamma in the world, the community of monks, nuns and laypersons who practice. These are called the Sangha.

The Dhamma Chakra also represents the fact that once the Dhamma teachings are in the world, one person, by teaching another, sets off the process of awakening that is unstoppable. So the first teaching given by the Buddha after his awakening is called the Dhammacakkapavattana sutta, this is referred to as the first turning of the wheel of Dhamma. It is the first time the Buddha taught the Dhamma and someone understood it."

Source: Learn to Practice Buddhism - Part 9



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<http://www.bdcu.org.au/edharma/practice.html>

We wish to offer our Members and Friends the opportunity to purchase one of the beautiful new Dhammachakra pins. The pins will be blessed by our precious teacher Anita and will be a very special link to our Centre.

The cost for each pin will be \$33 (including GST), which covers the materials and labour, as well as contributing to the cost of the mould which we will be able to keep for future projects. Any additional profits made from these pins will be fundraising for

the Centre.

Please speak with Claire Ransome (0425 864 056) if you wish to place an order for a pin. You may order multiple pins, if you wish. The Centre will cover the initial cost of production so payment will be due when you receive your pin. We will provide an estimated arrival time at a later date.



**Photograph:** Venerable Myung Seon Kun Sunim and his lay disciples with our Abbot Anita Carter, President Frank Carter and Members and Friends of our Centre, on 10th October 2014, in the John D. Hughes Dhamma Cetiya Meditation Hall. Venerable Myung Seon Kun Sunim is holding a framed etching of a Chan painting of the Nobbies by John Hughes, presented to him by Anita.

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**Photographs:** A finger bone relic of Shakyamuni Buddha in front of the large Buddha image at Famen Temple in Baoji, China. The World Fellowship of Buddhists delegates had the great privilege of visiting Famen Temple during their time in China. Photographs taken by Anita Carter.

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**Photograph:** Our team after having presented the World Fellowship of Buddhists Conference minutes CD's to the Secretary-General of the WFB, Mr Phallop Thaiarry.

From left to right: Mr Frank Carter, Mr Phallop Thaiarry (Secretary General of the WFB), Mrs Anita Carter, Nicole Moustakas and Sally Kelly, at the 27th General Conference of the World Fellowship of Buddhists; on the 19th October 2014 in Baoji, The People's Republic of China.