# Brooking Street Bulletin



Issue #13 October 2007

Buddhist Discussion Centre (Upwey) Ltd. A.C.N. 005 701 806 A.B.N. 42 611 496 488 33 Brooking Street, Upwey, Victoria 3158 Phone / fax – 03 9754 3334



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## ABBOT'S REPORT

Thank you all for your help and support over the last 2 years. We have achieved our grand goal of completing our hall.

Over the next few months we will now focus on our Marketing Plan, recruiting new Members and polishing our products.

Our key personnel - Presidents, Vice Presidents and Office Bearers will meet every Saturday morning at 9.30 am to prepare for Members Day and to conduct a Sangha meeting at 10.00am. All Members are welcome to attend these meetings.

This is to help us increase causes for our organisation to last a long time by meeting regularly in harmony, working in harmony and dispersing in harmony. We wish to build a strong fellowship by creating a team working together in the same direction.

I look forward to seeing you soon.

~Anita Carter

### BUDDHIST HOUR RADIO PROGRAM

Namo Buddhaya! Welcome. Our Buddhist Hour Team welcomes Shalu Tamang as a new presenter and panel operator in training. Shalu has had experience in radio broadcasting in India and is in Australia studying sound production and radio broadcasting at Swinburne in Hawthorn

Shalu's parents founded and run a non-sectarian Buddhist Temple from their home near Bodhgaya in India, the site of the Buddha's Enlightenment.

Shalu has offered to help us develop more recordings for broadcast on World Buddhist Radio. We express our thanks to Shalu for her kind offer of help and friendship.

The new time for the Buddhist Hour on FM 97.1 Mountain District Radio is 4.00pm to 5.00pm on Sunday afternoons so please tune in.

	IMPORTANT DATES
Saturdays	Members' Day 10.00am Sangha Meeting 11.00am Introduction to Buddhism Classes
Saturday evenings	Buddha Dhamma teachings by the Venerable Sangha and/or Meditation guided by Anita Carter 8.00pm
13/10/07	Sumi-e Class taught by Jan Bennet $2$ -4.00pm
27 October	Chan Class Taught by melba Nielsen starting 2 – 3.00pm
27 October	General Meeting 5.30 pm
15 -16 Dесемвек	Venerable Dondrup Dorje 2 Day Course Padmasambhava's Teachings & Om Mani Padme Hum
27 - 31 December	December Bhavana Course

# Funds Raised For The Dhammarajika Orphanage

Venerable Suddhanada of Dhammarajika Orphanage sent us an email recently acknowledging our transfer of US\$722.62 to the orphanage. He acknowledged our gift with deep gratitude and mentioned he had wished to attend our Founder's Day ceremony but for unavoidable circumstances and ill health he could not.

Monthly General Meetings- Last Saturday of the Month at 5:30pm

Our next General Meeting is scheduled for Saturday the 27 October 2007 all Members are encouraged to attend to support our Centre. We require a quorum of 7 members to conduct a general meeting.

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# NEW TRANSLATION OF BUDDHAM SARANAM GACHCHAMI

Shalu Tamang has offered us a translation of the Pali language refuge in Buddha, Dhamma and Sangha as follows:

"Buddham" means knowledge. "Sharanam" means to abide by. "Gachchami" means to be progressive i.e, in motion.

So "Buddham Sharanam Gachchami" means I will abide by the progressive learning. Knowledge is to awaken one's consciousness.

"Dhammam" means right base.. So "Dhammam Sharanam Gachchami" means I will find a teacher or a right path to move ahead.

"Shangham" means group.

So "Shangham Sharanam Gachchami" means I will share my knowledge to all around me. A conscious mind should know it's surroundings.

Thus,

Buddham Sharanam Gachchami,

Dhammam Sharanam Gachchami,

Shangham Sharanam Gachchami!!

# MEDITATION HALL AND LIBRARY FINAL BUIDLING INSPECTION

The remaining works required to pass the final inspection of the hall is the fitting of flywire doors at the front and rear entrances.

Federation Red flywire doors have been ordered at a cost of about \$700 with stainless steel screens needed as we are in a high risk fire area.

Other works still to be completed are the installation of gutter guard leaf protection, the installation of an airconditioner and the building of stairs from the rear verandah onto the front hall deck.

Times will be planned for these works perhaps over

the Christmas Bhavana course.

Letters of our deep gratitude were sent to Venerable Tam Abbot of Hoa Nghiem Vietnamese Temple Springvale and Venerable Tan Abbot of Quang Minh Vietnamese Temple in Braybrook for their and their Members kindness and extraordinary generosity by making substantial donations toward the construction costs of our hall.

On Founder's Day Venerable Tan offered us over \$4000 from his Members for the 1000 Buddha Image sponsorships.

We have now received sponsorships for over 300 Buddha images. Anita has suggested we plan an Installation Ceremony of these first group of Buddha images in the hall during Versak 2008.

TIBETAN LAMA TO CONDUCT TEACHINGS AT THE CENTRE

Venerable Dondrup Dorje will be conducting a course at the Centre before Christmas on the 15<sup>th</sup> and 16<sup>th</sup> of December.

Venerable visited our centre several months ago and Anita made a request for him to teach on the subject of what Padmasambhava taught. The second day will be a teaching on the meaning and practice of the mantra "Om Mani Padme Hum".

This is an important opportunity to increase our understanding of the Teachings of one of the greatest Buddhist Masters.

## CHANGLING RINPOCHE'S VISIT TO MELBOURNE

Anita and Frank were fortunate to attend Teachings of Tibetan Lama Changling Rinpoche at the home of Jocelyn Hughes during the past few weeks.

This Tibetan Teacher of the Northern Treasure's Nyingma tradition also visited Anita last week at the Centre and gave an excellent teaching on the history of how the Vajrayana Teachings came to

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### Tibet.

We have recorded this teaching on video and have Rinpoche's permission to transcribe it and place it on our website. Any Member who would like to do this wonderul work please contact Anita.

The Teachings Anita and Frank received were the Vajrakilaya empowerment and instructions on the 14 Root Vows of Vajrayana.

Changling Rinpoche is giving teachings at Jocelyn's for another few weeks so please contact on her on (0411) 245568 if you are interested in attending.

#### New Marketing Plan

Now that we have completed the major project of building our new hall it is time to focus on planning the activities of our Centre over the next 12 months or so.

Anita, Lainie, Frank and Julian have contributed to creating a plan to effectively promote and publicise our centre and our activites, to encourage people who may have an interest in Buddhist Teachings to attend our classes and to increase the number of our active Members to help run and develop the centre.

A copy of the new plan will be available in the next week or so however a few of our new inititives are:

- \* We will conduct a promotional stall at the Shire of Yarra Ranges Community Groups Festival at Lilydale Lake on the 11 November.
- \* We will be producing small colour promotional brochures to be placed in shops and centres in the hills townships as well as Ferntree Gully, Knox, Lilydale, Bayswater, Croydon, Mulgrave, Rowville, Narre Warren, Boronia and so on.
- \* We will visit some of the local tertiary campuses such as Deakin and Monash University to find out how we can publicise ourselves to those communities.

If you have any other suggestions for our new plan please contact Frank or Anita.

### METTA PRACTICE

Anita has suggested all Members could benefit greatly by spending the next one month period focusing on their metta practice.

This could be through chanting the metta sutta in Pali and English everyday, doing daily metta meditation using Venerable Mahinda's instructions on CD or sending metta to each person you are speaking with over the next four weeks.

It is important to set yourself short-term practice objectives like this to change your habitual behaviour for the better.

## TUESDAY NIGHT TEACHINGS

The Tuesday Night Teachings at Burrinja is being planned for Februray 2008 and will most likely be on a Wednesday evening.

This will give us enough time to arrange suitable publicity for the course.